



PGCBA NEWS JOURNAL

Newsletter of the Prince George's County Bar Association, Inc.

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President's Message



Dear Fellow Members of the Bar,

Here is wishing everybody a happy Thanksgiving and the start of a happy and prosperous holiday season. At this time, once again, I would like to thank Administrative Judge Sheila R. Tillerson Adams for her leadership in the Missouri Celebration Committee, which led to a gathering of over 650 people at the joint Bar Meeting/Missouri Celebration. It truly was an historic event. I would also like to thank Lt. Gov. Anthony Brown for his appearance at this meeting.

As you know, the Bar Association members passed an Amendment to the By-Laws for an interview portion to be added to the voting portion for our Bar's recommendation for judicial office. The Commission has already met to set up the guidelines and perimeters so we are prepared for the first round of interviews. The key portion is the membership will be voting online. This new voting procedure will allow our members to vote at their computer via their e-mail to a secured site. Each member will be notified by mail when the election process starts. They will merely have to click onto the provided site and cast their vote. The system will record their vote and keep track of who has voted but not for whom they have voted. The key to the success of this program is an accurate e-mail address. If any members have changed their e-mail address, or have not notified the Bar Association of their current e-mail address, please do so immediately. If anyone has any questions concerning this procedure, please do not hesitate to contact the Bar Association.

I want to remind members of our Holiday Party. We will be having a silent auction at this meeting. Among some of the higher end items will be a University of Maryland package, which would include a meeting and question session with either Coach Ralph Friedgen or Coach Gary Williams and a time-share opportunity in the Caribbean. I am encouraging everyone to attend the Holiday Party to make it an exciting and memorable event. I would also like to encourage all members to help us find a tenant for our condo located next to the Bar Association. The condo has been vacant since September and we would like to rent it as soon as possible. If anyone is interested or knows of anyone who might be interested, please contact the Bar Association and we would be happy to arrange a tour.

Continued on page 3

PGCBA NEWSJOURNAL

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 Bar Association**

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PRESIDENT'S MESSAGE

Continued from page 1

In closing, I would encourage all of our members to support the upcoming events and to be an active member of our Bar Association. Without the members, our Association is nothing. My door is always open as is that of all of our Board members. We welcome all concerns, comments, and ideas. I am looking forward to seeing everyone at the Holiday Party.

Sincerely,
Nicholas E. Rattal

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The History Corner is a new feature of the Prince George's County Bar Association's newsletter. It will contain information related to the history of Prince George's County.

This is the beginning of a series regarding the impact of one good man on the fabric and history of the Prince George's legal community as told through the eyes of some of the individuals who were touched by his life. The name of this individual is Arthur A. (Bud) Marshall, Jr. The series will begin with a first-hand account of his accomplishment by his friend, Judge Vincent Femia.

A CONVERSATION WITH JUDGE VINCENT FEMIA

Part II

Judge Vincent Femia is a respected and beloved member of the Prince George's County Bar Association. The following article is based on a series of conversations I had with Judge Femia about his background and memories as a lawyer in Prince George's County, Maryland.

In the course of my conversation with Judge Femia I asked him what aspects of his experience with Bud Marshall stood out in his mind. He responded by saying that Bud Marshall was a man that did not see race. His criteria for his employees was whether or not they could do the job. Additionally, he mentioned how Bud Marshall changed the culture in Upper Marlboro regarding traffic tickets and the prosecution of cases. He said that one day Bud Marshall was stopped in Seabrook by an officer for a stop sign violation. After the officer found out that the person he stopped was the State's Attorney he advised him that he would not write him a ticket. Bud Marshall insisted that the officer write him a ticket. In fact, he told him that if he did not write him a ticket he would take him before the Grand Jury. The officer wrote the ticket and gave it to him. Bud Marshall accepted the ticket and promptly responded to the magistrate and paid the \$15 fine. Thereafter, when individuals approached him and asked him to fix their tickets he would show them the receipt for his paid ticket and state, "Why should I take care of your ticket when I paid for my own ticket?" Additionally, prior to his election things happened or did not happen in Prince George's County based on a person's political affiliation.

One day a person approached Assistant State's Attorney Femia in court regarding a case that was on the docket. The person announced to ASA Femia that he was a Democrat and that he wanted his case dismissed. ASA Femia contacted Bud Marshall and advised him of this comment. Bud responded by telling him to prosecute the case to the hilt! As State's Attorney for Prince George's County Bud Marshall let it be known by his words and deeds that he was not playing the game. He was not into gamesmanship nor was his office an extension of the Prince George's County Police Department. It was his position that he was the representative of the people and justice. It was important to him that the electorate knew by the manner in which business was conducted by the office of the State's Attorney that they could rely on the integrity of the judicial system. Bud Marshall believed that the prosecutor stood between the people and injustice.

In order to appreciate the substance of Bud Marshall's character it is important to understand his background. Bud Marshall was born on October 10, 1930, and he was raised in New York City. His father was a business owner and after his graduation from high school Bud Marshall attended and graduated from Rutgers University.

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After graduation he enlisted in the US Army. Unbeknownst to him this action would be a pivotal event in his life. He was commissioned as a lieutenant and shipped overseas to fight in the Korean War. He participated in what is known historically as the "Battle of Pork Chop Hill". In this battle American soldiers were ordered to retake an area that had been overrun by Chinese soldiers. It was his responsibility to lead his men in an effort to rescue other soldiers that were pinned down on Pork Chop Hill. Part of the battle is described in HistoryNet. Com with this language: "Crittendon had pushed 62 men of the regrouped Love Company back up the right hand finger. On the way up Crittendon was hit, along with the next company commander, 2nd Lt. Homer F. Bechtel. Command fell to the 2nd Lt. Arthur Marshall, who led Love on through a buzz saw of artillery and machine gun fire. By the time Marshall reached Clemon's position, he had 12 men left, including Lt. Denton." In June, 1959, the movie "Pork Chop Hill" was released in Hollywood. Lt. Joe Clemons was portrayed by Gregory Peck. Lt. Bud Marshall was portrayed by Martin Landau. In later years Martin Landau starred in the television series "Mission Impossible".

Bud Marshall sustained a bullet wound in his heel. As Judge Femia discussed this portion of Bud Marshall's career he said, "Bud Marshall stopped the last bullet in Korea." Bud Marshall was transported to Walter Reed Hospital in Washington, DC for treatment. There he was told that he would never walk again and he was unable to walk for 1 year. He was treated with a procedure that shortened one of his legs, but he regained the ability to walk. He was awarded the Purple Heart Medal and Judge Femia said that Bud kept the medal and the bullet recovered from his leg in a bell jar on his desk in the Office of the State's Attorney. The injury caused him to walk with a swayed gait, but it did not damage his heart or his courage.

To be continued.....

¹ Essays. Of Studies by Francis Bacon (1625)

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Our CLS Clinic in Suitland Is Now Open!

We operate this clinic at the *Windsor Crossing Apartments* in Suitland, MD, thanks to the help of one of our new board members, PGPD Chief Roberto L. Hylton, who helped us find this location. The clinic is staffed by CLS attorney **Darlene Wright Powell** and legal assistant **Michael Udejiofor**. The clinic operates one day a week, and by appointment only. To schedule an appointment, clients need to contact **Michael Udejiofor** at 301-864-8353, ext. 13. Legal matters handled include family law, domestic violence, guardianship, name change, small claims, landlord/tenant, expungement, durable power of attorney, living wills, and juvenile law. The opening of the clinic was made possible due to a cy pres fund we have been awarded. As previously mentioned, CLS has been selected to receive approximately \$62,000 from a Circuit Court award in Montgomery County, thanks to plaintiff's attorneys **John Beins, Seth Goldberg, and**

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Stein Sperling
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congratulates

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View from the Bench

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In a day and age when so many Americans, approximately 38 percent, have excessively high blood cholesterol levels, it's a perplexing that we don't see more encouragement for exercise. This is especially true since we know that diet, weight loss, and regular physical activity are the foundation for managing and reversing cholesterol disorders.

Excessively high blood cholesterol levels can lead to serious health issues including coronary artery disease. Reducing serum cholesterol through consistent, moderate exercise has been shown to retard the progression of coronary artery disease. In fact, a sufficient volume of regular exercise will not only lower total cholesterol and LDL-cholesterol (the "bad" cholesterol), but can also increase HDL-cholesterol, which is the "good cholesterol" your body needs. Unlike with body fat, exercise does not burn off bad cholesterol. Instead, sufficient quantities of exercise reduces triglycerides and stimulates metabolic enzymes systems which convert some of the cholesterol to more positive forms such as HDL-cholesterol. Even individuals who are taking cholesterol reducing medications will experience substantially increased benefits by incorporating a moderate exercise program into their treatment plan.

The most important thing to remember for attaining the reduced cholesterol benefits of exercise is that the exercise should be dynamic forms of exercise and the duration of the exercise needs to be the equivalent of approximately three hours per week. That means that your choice of activity should be something like a vigorous paced walk, jogging, swimming, and elliptical machine exercise. Further, the intensity of the exercise needs to be moderate. That means on a scale of one to ten, with ten being the maximum level of intensity, you should be in the range of four to seven (depending on your level of fitness). To amass a minimum of three hours

per week, you'll want to either break your exercise sessions into bouts of 40 minutes five days per week or an hour three days per week, or any other combination that fits your schedule. However, this is the level you want to work up to, especially if you aren't accustomed to exercising.

If you are just beginning an exercise and cholesterol lowering program, you'll want to start out by engaging in approximately twenty minutes of exercise daily, four days per week. After approximately two weeks, and every two weeks thereafter, you should be able to add an additional ten minutes to each session, ultimately reaching 40-60 minutes of exercise per session by the eighth week of your program. Interestingly, this is the same amount of exercise recommended for fat and weight loss. As a result, people tend to equate the loss of weight with the reduction of cholesterol levels. The loss of weight and fat, especially fat around the abdomen, is just an additional benefit of the cholesterol lowering exercise regimen. The true benefit for those suffering with excessively high cholesterol levels is that in twelve to sixteen weeks, this type of exercise program can reduce total cholesterol a full ten to twenty percent! So if you are part of the 35 percent of Americans who are suffering with high blood cholesterol, or you are one of the many others who are bordering on having high cholesterol levels, you should definitely consider incorporating a moderate intensity exercise program into your daily activities. Isn't 30 minutes a day, four days per week worth the benefit of extending your life and improving your health?

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ATTENTION ALL PROSPECTIVE JUDICIAL CANDIDATES

As you know the Prince George's County Bar Association, through a by-law change, is now planning to interview prospective judicial candidates. If you wish to be interviewed by the Prince George's County Bar Association, check the "Other" box and write in "Prince George's County Bar Association" when submitting your judicial application. Without this preauthorization, the Bar Association will not have your information packet and it will be very difficult for the members of the commission to make an informed decision.

Please once again remember to check the "Other" box to allow the Prince George's County Bar Association to receive a copy of your information packet.

If you have any question about this, please do not hesitate to contact the Prince George's County Bar Association at (301) 952-1442.

THANK YOU TO MICHAEL RANKIN, TOM GRIFFIN AND EUNICE HOGAN FOR MANNING THE PHONES FOR OUR LEGAL ADVICE LINE. THE NUMBER OF CALLS CONTINUE TO GROW AND WE HOPE TO SEE THAT TREND CONTINUE AS WE REACH OUT TO OUR COMMUNITY.

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October 9, 2010

Honorable Nicholas E. Rattal
Prince George's County Bar Association
14330 Old Marlboro Pike
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Dear Judge Rattal and Members of the Prince George's County Bar Association:

On Wednesday evening at the Camelot, I struggled, from the moment I entered the banquet hall until the program's end to keep my emotions under control and the tears away because of the, to me, surprising number of people in attendance. Truly, I had a difficult time keeping the tears away! I love my country, county and profession, and Wednesday evening demonstrated to my biological and church family what a truly outstanding and caring group of lawyers I have been privileged to know and interact with over the years.

The number of attendees and the quality of the program on September 29, 2010 were memorable for my family and me. And frankly, nothing could have distracted from the occasion. However, the presence of three men would have intensified the emotional high I experienced. Two, the Honorable Ernest A. Loveless, Jr., former Circuit Court Chief Judge and the Honorable G.R. Hovey Johnson have been called from labor to refreshment. The third man, Arthur A. "Bud" Marshall, Jr. gave me a job after I graduated from the University of Maryland's Law School and in doing so taught me the value of competency and an appreciation for proper planning which prevents poor performance. Unfortunately, Bud's health challenges did not permit him to attend the celebration.

Notwithstanding the absence of the above listed legends, I was privileged and honored to have several other mentors in the audience. Time did not permit me to name all of my mentors on September 29th and space constraints prohibits such a list at this time, but included in my September 29th remarks was an acknowledgement of the Honorable Howard S. Chasanow and Timothy F. Maloney, Esq. I am grateful to both Howard and Tim for their long and unwavering advice and support.

Lastly, to all Prince George's County, J. Franklyn Bourne, Maryland State, Monumental and Women's Bar Association members, as well as all sitting and retired appellate judges, Prince George's County District and Circuit Court Judges and elected officials: I say, "Thank you, thank you and thank you!"

Respectfully, I remain, your humble and blessed colleague,

William Del Lano Missouri
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NOVEMBER 18, 2010 – MEMORIAL SERVICE – CEREMONIAL COURTROOM

DECEMBER 14, 2010 – HOLIDAY PARTY-NEWTON WHITE MANSION

JANUARY 29, 2011 – ESTATES, TRUSTS & PROBATE/ ELDER LAW SEMINAR –
COURTHOUSE

FEBRUARY 8, 2011 – JOINT MEETING WITH JFBBA - FEDERAL
COURTHOUSE-GREENBELT

MARCH 26, 2011 – GOLDSTEIN SEMINAR-COURTHOUSE

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JUNE 7, 2011 – ANNUAL MEETING – NEWTON WHITE MANSION



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