

PGCBA NewsJournal

Newsletter of the Prince George's County Bar Association, Inc.

June 2011

PRESIDENT'S MESSAGE



Dear Colleagues:

This is my last newsletter as President of the Prince George's County Bar Association. It has been a pleasure and a privilege to serve as President of such a prestigious organization. During the last two years, I have had the opportunity to attend many events, represent the Association and to meet attorneys across the state and within our organization. I am extremely proud to add my name to the list of Bar Presidents dating back to T. Van Claggett, who became President

in 1902, and running to my successor, Debra Davis, who will add her name starting in 2011.

This last year and 11 months have gone very quickly. I would like to thank so many people. I know if I list people I will be forgetting somebody, so I apologize in advance. I first want to thank all of the members who served on the Board of Directors who volunteered to come and work for the organization. I especially want to point out three individuals who I coaxed out of retirement and whose experience, sound advice, and presence, helped bring the Bar Association back to some of its past glories. These three individuals are Betty Hewlett, Esquire, William Brennan, Esquire, and Jeff Harding, Esquire. I would like to thank, on behalf of the Bar Association, Judge William D. Missouri and Judge Sheila R. Tillerson Adams. As Administrative Judges of the Circuit Court, they have not only provided their time to help the Association, but they provided use of the courthouse and sage advice. The close relationship that the Bar Association has had with the judiciary is unique to Prince George's County and is one of our strong suits.

I want to thank all the committee chairs who put on events and the people who worked on them. I would especially like to highlight the Family Law Committee, the Criminal Law Committee, and the Bankruptcy Committee. A further special thanks goes to Judge Vincent Femia, Esquire, who organized and maintained the Lawyer Memorial Service. I would like to thank Judge Sherrie Krauser whose unwavering support and dedication to the Mock Trial Program has benefitted thousands of students throughout the years. I offer my thanks to Arnold Bruckner, Esquire, who chaired the Law Day free legal advice line.



INSIDE THIS ISSUE

Member Announcements

Page 4

Salmon Celebration

Pages 6 and 7

History Corner

Pages 8 and 9

Get Healthy Today

Page 10

Naturalization Ceremony

Page 11

Community Legal Services

Page 12

Membership Meeting

Page 13

2011 Calendar

Page 14

Classified Ads

Page 15

PGCBA NewsJournal

Published monthly (except Jul./Aug.) by

The Prince George's County Bar Association

Established 1902

Marlborough Professional Park

14330 Old Marlboro Pike

Upper Marlboro, MD 20772

Phone: 301-952-1442 Fax: 301-952-1429

Email: gerry@pgcba.com

Website: <http://www.pgcba.com>

2010-2011 OFFICERS

President

Nicholas E. Rattal 301-952-3227

President Elect

Debra M. Davis 301-627-3340

Treasurer

Bryon S. Bereano 301-952-0100

Secretary

Jennifer Muskus 301-449-7444

Immediate Past President

William J. Parker, Jr. 301-952-1052

DIRECTORS

Clayton Aarons Janet Hart

Sheila Tillerson Adams Erin Hebert Cancienne

Denise Bowman Elizabeth Hewlett

William C. Brennan Isaac Marks

Robin D. Bright Mark T. O'Brien

Arnold Bruckner Martin Oliverio

Linda Gantt Michael Pearson

Sonya Gomes Timothy Smith

Nakia Gray C. Todd Steuart

Walter Green Benjamin Woolery

Jeffrey Harding

Gerard Devlin, Parliamentarian

Executive Director & NewsJournal Editor

Georgia J. Perry 301-627-9017

Assistant Editor

Becky Tippett 301-952-1442

ANNUAL SUBSCRIPTIONS provided to PGCBA

Members at no cost as part of annual dues;

Non-Member subscriptions \$75 per year.

PUBLICATION DEADLINE 15th of preceding month. Approved advertising accepted; rates submitted upon request. Statements or opinions expressed herein are those of the authors and do not necessarily reflect those of the Prince George's County Bar Association, its Officers, Board of Directors or the Editor. Publishing an advertisement does not imply endorsement of any product or service offered.

PGCBA Lawyer Referral Service

administered in-house by PGCBA

Call Josie Mattos 301-952-1440

for information and Client Referrals.

PGCBA Traffic School

Georgia Perry, Executive Director

Email: gerry@pgcba.com

Telephone 301-952-8154

Law Office of Cheryl Chapman Henderson, LLC

www.HendersonLaw4God.com

Comprehensive Estate Planning for:

- Small, medium and large estates
- Asset protection and tax advantages
- Wealth preservation
- Beneficiaries with special and unique needs
- Second marriages
- Intergenerational gifting
- Veteran's & Medicaid Benefits

Probate and Trust Administration

- Ancillary estates
- Estate & Fiduciary tax issues

Elder Law & Long-term care planning

- Home Visits

Admitted to practice in Maryland and DC

(301) 220-4463

4920 Niagara Road, Suite 200, College Park, Maryland 20740
cch@hendersonlaw4god.com

Quality Transcripts • On-Time Delivery • Reasonable Rates

- **Rush/ Daily Turnaround**
- **Realtime Reporting**
- **Rough Draft**
 - On-Site
 - Email
- **Video Depositions**
 - CD & DVD
 - Synchronization
- **Conference Facilities**



- **Videoconferencing Suite**
- **Free Manuscript/ Index**
- **Free CD/ Disk/ E-mail**
 - ASCII
 - WordPerfect
 - MSWord
 - E-Transcript™
- **Transcription Services**
 - Tape, CD & Video
- **24-Hour Scheduling**
 - By Phone or Online

For The Record, Inc. * 10760 Demarr Road * White Plains, MD 20695
301-870-8025 * 202-833-8503 * 800-921-5555
301-870-8333 fax * www.ftrinc.net * depo@ftrinc.net

Sentinel LEGAL ADVERTISING

Just a few reasons to advertise in
THE SENTINEL NEWSPAPERS

accurate	experience
reliable	county wide coverage
flexible	prompt service
best rates	community oriented

COMPLETE LEGAL ADVERTISING SERVICE
Contact Sherry Sanderson
Prince George's County & Montgomery County : (301) 838-0788

PGCBA Mission Statement

...to represent the legal profession and to serve its members
and the community by promoting justice, professional excellence,
collegiality and respect for the law.

Lawyers in Need

...an ad hoc program for members under some form of distress or disability which will assist in keeping files productive while help is obtained and assist with professional referrals. For help, call

James Flynn 301-932-0700
Robin Shell 240-472-9919

Ethics Hotline

Any member wishing to obtain an informal ethics opinion may call the Ethics Hotline

John R. Foran 301-441-2022
Steven Rosen 301-699-1400

Designated Conciliator Program

Martin G. Oliverio 301-513-0613
Gerald C. Baker 301-577-4600

I would also thank my Executive Committee, who meet over lunch almost monthly. I want to thank Erik Nyce, Esquire, Clayton Aarons, Esquire, Denise Bowman, Esquire, Jennifer Muskus, Esquire, Bryon Bereano, Esquire, Debra Davis, Esquire, and Judge Michael Pearson. I also want to thank Bill Parker, who served on the Executive Committee for two years

as Immediate Past President and whose counsel and advice has been vital to the Association. Lastly, and probably most importantly, I need to thank Georgia Perry, the Executive Director of the Bar Association, who is truly the backbone of the organization, and the employees over there who do such an outstanding job, Becky Tippet, Josie Mattos, and Ryan Thompson.

It is usually at this time I tell everybody that if they have any ideas, suggestions or concerns to contact me. Now I ask you to please contact Debra Davis, the new President, who will do an outstanding job.

Until I see you at the next meeting,

Nicholas E. Rattal

Kim S. Haskell, D.D.S., P.A.

Family & Cosmetic Dentistry



A dental practice that cares with a gentle approach and a commitment to excellence.

14414 Old Mill Rd. #101 □ Upper Marlboro, MD 20772 □ 301-627-6646
www.haskelldental.com



*Children · Adults · Seniors · Tooth Colored Fillings · Dentures
Root Canals · TMJ Treatment · Implant Crowns*

Security Clearance Lawyers

**McAdoo Gordon &
Associates, P.C.**

202-293-0534

www.mcadoolaw.com

What can you expect from The McCammon Group?

Quality, Results, Value.

From personal injury to complex commercial disputes and everything in between, our highly trained Neutrals stand ready to assist you with all of your mediation and arbitration needs.



David A. Carney, Esq.
Past President, Howard County
Bar Association



Hon. Dale R. Cathell (Ret.)
Former Judge, Court of
Appeals of Maryland



Hope B. Eastman, Esq.
Past President, The College of
Labor and Employment Lawyers



Morton A. Fallor, Esq.
Past President, Bankruptcy Bar
Assoc. for the Dist. of Maryland



John Henry Lewin, Jr., Esq.
Past President, Bar Association
of Baltimore City



Patrick C. McKeever, Esq.
Past President, Montgomery
County Bar Association



Hon. James L. Ryan (Ret.)
Retired Associate Judge,
Montgomery County Circuit Court



John E. Sandbower, III, Esq.
Best Lawyers in America,
ADR Section



Dispute Resolution and Prevention

For a complete list of our services and Neutrals throughout MD, DC, and VA, call 1-888-343-0922 or visit www.McCammonGroup.com



Hon. J. Frederick Sharer (Ret.)
Former Judge, Court of
Special Appeals of Maryland



Kenneth L. Thompson, Esq.
Fellow, American College
of Trial Lawyers

MEMBER ANNOUNCEMENTS

Four Joseph, Greenwald & Laake Attorneys Honored with 2011 Trial Lawyer of the Year Award by the Maryland Association for Justice

Timothy F. Maloney, Cary J. Hansel, Steven B. Vinick and Veronica B. Nannis have been honored with the 2011 Trial Lawyer of the Year Award by the Maryland Association for Justice (MAJ). The MAJ Trial lawyer of the year Award is bestowed upon the team of Maryland trial lawyers who have made the greatest contribution to the public interest by litigating cases of precedential value-either because they changed the law in a way that is beneficial to Marylanders or has, for other reasons, "sent a message" to those who might otherwise trample upon the rights of Maryland citizens.

THANK YOU!



Thank you to Debra Oliver for manning the phones for our Legal Advice Line on May 3, 2011.

Thank you to Lindsey Erdmann and Elvita Martin for a successful Family Law Seminar on May 7, 2011.

Thank you to Arnold Bruckner for arranging the Legal Advice Line for Law Day and all the lawyers that answered the phones on Law Day.

Law Day Legal Advice

PGCBA celebrated Law Day on May 2, 2011 by providing a legal advice line from 9:30 am to 4:30 pm at the Bar Office. Arnold Bruckner headed up the service and enlisted the following attorneys: Anthony Keder, Perry Becker, Thomas Griffith, David Cross and Gerry Baker. The Bar Association is very grateful that these attorneys support this program and were willing to donate their time and energy to it. A special thanks to all of them.

WELCOME NEW MEMBERS!

SABRINA C. RICHARDSON
STATE OF MARYLAND OFFICE OF
PUBLIC DEFENDER

CLAIRE ANA-PEROT McLAMORE
MARYLAND NATIONAL CAPITAL PARK
& PLANNING COMM.

PILAR CAMUS NICHOLS
TOMES, SALTER, NICHOLS, MOODY
& GOMEZ, LLC

MILLICENT MARIE JONES
THE PUGH LAW GROUP, LLC

ZAKIA YASMEEN CHANDLER
THE CHANDLER LAW FIRM, LLC

LANI ONG MARTINEZ
LAW CLERK TO THE HON. MICHAEL R. PEARSON

"The PGCBA is glad to have you as our new members!"

ANGER MANAGEMENT

- Weekly Classes
- Court Ordered Treatment
- Individual Counseling
- Domestic Disputes

All services provided by Licensed Mental Health Professionals

301-423-0967

Patricia Harris, CEO, President
Henry McKinnon, MSW, JD

INSIGHT TREATMENT CENTERS

30 years of service to the community

4920 Niagara Rd, Ste 100
College Park, MD 20740

5210 Auth Rd, Ste 300
Camp Springs, MD 20746

Offices are Metro Accessible
24 Hour Voice Mail: 202-907-4898

**PICTURE
YOUR
AD
HERE!**

.....
**CALL THE
BAR
ASSOCIATION
TO PLACE
YOUR AD
TODAY!
301-952-1442**

**ADVERTISE
WITH US!**

**CALL TODAY!
301-952-1442**

METROPOLITAN PROCESS SERVICES (301) 929-6819

- * 24 Hour Cell (301) 252-0706
- * Unlimited Attempts
- * Rush Services within 48 hours
- * Court Filings Available
- * Scheduled Pickups
- * Skip Tracing

KARL STEPHENS
8719 Geren Road
Silver Spring, MD 20901
Serving MD, DC & VA

JOSEPH, GREENWALD & LAAKE, P.A. III ATTORNEYS AT LAW

We are pleased to welcome...

VERONICA D. JACKSON ATTORNEY AT LAW

*Labor and Employment Law
Civil Litigation*

6404 Ivy Lane | Suite 400
Greenbelt, MD 20770

Office: 301-220-2200 | **Direct:** 240-553-1187
E-mail: vjackson@jgllaw.com

www.jgllaw.com



SALMON CELEBRATION

APRIL 12, 2011



SALMON CELEBRATION

APRIL 12, 2011



**NOW OPEN –
THE JAMS MARYLAND RESOLUTION CENTER**
FEATURING A PANEL OF EXPERIENCED
LOCAL NEUTRALS HEADED BY TOP MEDIATOR
HON. HOWARD S. CHASANOW (RET.)

Judge Howard S. Chasanow (Ret.) has expanded his ADR practice by teaming with JAMS to open a Maryland Resolution Center. Judge Chasanow is a former Trial Judge and Judge of the Court of Appeals of Maryland. He was named by *Best Lawyers* the 2010 Lawyer of the Year for ADR in Washington D.C. and he also received a Maryland Tier 1 ranking for ADR in the 2010 *U.S. News and World Report* Best Law Firm Rankings.

Strategically located in Capital Office Park, the new JAMS Maryland Resolution Center features six conference rooms and can accommodate cases of all sizes. Just steps away from the United States District Court, it can be reached from exit 23 of the Capital Beltway and is adjacent to the METRO and MARC stations. Ample surface parking is available.

JAMS Maryland Resolution Center
6411 Ivy Lane, Suite 415 • Greenbelt, MD 20770
301.441.3366 / www.jamsadr.com

THE RESOLUTION EXPERTS.®



The History Corner is a feature of the Prince George's County Bar Association's newsletter. It contains information related to the history of Prince George's County.

"Histories make men wise..."¹

This is the seventh part of a series of articles regarding the impact of one good man on the fabric and history of the Prince George's legal community as told through the eyes of some of the individuals who were touched by his life. The name of this individual is Arthur A. (Bud) Marshall, Jr. He served as the State's Attorney for Prince George's County from 1963 to 1984. The series began with a firsthand account of his accomplishment by his close friend, Judge Vincent Femia. In Part III we added the voice of his oldest child, Patricia Marshall and the discussion included his family background. Subsequent articles included the voices of several individuals who had worked with him in various capacities. The flow of the series was interrupted by the passing of Mr. Marshall on Thursday, January 13, 2011. This event did not mark the conclusion of the series because his service as the State's Attorney for Prince George's County for 24 years and his impact on the social and legal community of Prince George's County cannot be summarized with just a few pages.

Part VII HONOR

**Arthur A. "Bud" Marshall, Jr.
October 10, 1930 – January 13, 2011**

Burial

May 10, 2011

Full Military Honors

Arlington National Cemetery

May 10, 2011 was a beautiful day; the sun was shining and the temperature was in the mid 70's. On this day Arthur A. "Bud" Marshall, Jr., was buried with full military honors at Arlington National Cemetery. He was afforded this honor because he served his country as a 1st Lieutenant in the U.S. Army and was awarded the Purple Heart for injuries he sustained in the Battle of Pork Chop Hill. The service was scheduled at 11:00 AM at the Old Post Chapel on the grounds of Ft. Myer, Virginia. Members of Bravo Company of the 3rd U.S. Infantry, traditionally known as "The Old Guard" served as the pallbearers and marched in step as they carried the US flag draped casket into the chapel. "The Old Guard" is the oldest active-duty infantry unit in the Army and has served our nation since 1784. It is the Army's official Army Honor Guard and escort to the President. Its duties include providing funeral escorts at Arlington National Cemetery." The service was conducted by Rev. John Luther. He is married to the former Jeanne Marshall and they reside in North Carolina. In his remarks he shared how over the past 10 years he would have periodic discussions with Mr. Marshall about God

and eternity. He said that he wanted to bring to mind some of the things that he and Bud talked about this past summer on the Marshall family trip and in Dec/Jan before he died. At the conclusion of his comments he said these words, "My prayer for those of us who remain is that you may find Jesus Christ as a real basis of hope in your life. It is during these times of mourning that we often seek answers to life's greatest questions about life after death. Today you have been given the words of hope. You have heard the words of life that are in Jesus Christ, that he loves you and has given his life for you. He bids us to place our hope not in ourselves, our achievements or others but in Him and his work of forgiveness on the cross. Rest in him and you will have a true hope that will lead you to eternal life."

Rev. Luther then asked Judge Femia to speak about an aspect of Mr. Marshall's character that he admired. Judge Femia prefaced his remarks by saying, in essence, that today we were writing the last chapter of the life of a real hero. He said that Bud Marshall was, "the gold standard for honor and doing the right thing." He said that Bud Marshall demanded that a person believe that what they were doing was right. He followed these comments by recounting that on one occasion Bud Marshall was asked to pull a winning ticket for a raffle. He pulled a ticket and then he immediately pulled another ticket and provided the second ticket as the winner. He pulled a second ticket because the first ticket was his own ticket number. He also said that there was an occasion when Bud Marshall

was attending a conference he received a call from an officer that Mrs. Marshall had been involved in an accident and that he was considering writing her a ticket for Failure To Yield. He asked the officer how involved his wife had been in the accident. After listening to the officer he told him to write the ticket. He concluded his comments by saying, "We will miss him, not just at lunch (Bud lunched each Monday with retired cops, lawyers and judges); we will miss him in our lives. Thank God he was there for all of us."

At the conclusion of the service the members of the Bravo Company of "The Old Guard" marched in unison as they carried the flag draped casket outside and placed in on a black artillery caisson. "Caissons were built in 1918, and used for 75 mm cannons. They were originally equipped with ammunition chests, spare wheels, and tools used for the cannons. Today these have been removed and replaced with the flat deck on which the casket rests." The caisson was pulled by six horses that were matched grey in color. Only four of the six horses were mounted with members of the Caisson platoon of "The Old Guard." "This tradition began in the early horse-drawn artillery days when one horse of each team was mounted while the other carried provision and feed. Astride four of the horses, soldiers sit ramrod straight and stiff. The soldiers are trained to ride in an erect posture of solemn military attention in a military forward position and sitting in a McClellan saddle. The horses are trained to hold their heads in an erect position as

they carry the riders. The Caisson platoon has the honor of carrying a comrade for his last ride. “

In the procession in front of the caisson was a color guard, the US Army Band (Pershing Own) and an escort platoon of soldiers from the Bravo Company of “The Old Guard”. Family members and friends followed the caisson on foot as the procession marched through Arlington Cemetery to the grave site. Along the procession could be heard the sounds of the drums as the soldiers marched in unison. Upon arrival at the grave the soldiers marched in step as they carried the casket up a small hill to the final resting site. After everyone was in place seven riflemen fired three volleys of shots for a 21 gun salute. A soldier positioned slightly above the gathering played “Taps”. “Taps” in Army protocol is the trumpet or bugle call to “Put out the lights. Go to sleep”. As the soldiers folded the flag covering the casket the band played “America the Beautiful”. The officer gently whisper to Mrs. Marshall as he handed the folded flag to her. After this act was completed the soldiers marched away and a lone man played “Amazing Grace” on the bag pipes.

At the end of the service I had an opportunity to speak to Rev. Luther and his wife, Jeanne. During our conversation Jeanne shared with me a letter she read to her father from his mother just before he passed away. The letter was written to him in 1953 while he was away from home involved in the Korean War. His mother told him how much she loved him. She said that she was not a very religious woman, but that she believed in prayer and would be praying for him. Finally she closed with the words to Psalm 91. Psalm 91 is known as “The Soldier’s Prayer” and Jeanne was reading the words to Psalm 91st to her father when he passed away. Some of these words were included in the funeral program and read as follows:

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty.

I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.”

If you say, “The Lord is my refuge,” and you make the Most High your dwelling, no harm will overtake you, no disaster will come near your tent. For he will command his angels concerning you to guard you in all your ways; they will lift you up in their hands, so that you will not strike your foot against a stone.

You will tread on the lion and the cobra; you will trample the great lion and the serpent. Because he loves me,” says the LORD, “I will rescue Him; I will protect him, for he acknowledges my name.

He will call on me, and I will answer him; I will be with him in trouble. I will deliver him and honor him. With long life I will satisfy him and show him my salvation.

Psalm 91

¹Essay. Of Studies by Francis Bacon (1625)

²The Old Guard Regimental Homepage (May 17, 2011)

³1/3 Battalion HHC Caisson Platoon (May 17, 2011)

⁴1/3 Battalion HHC Caisson Platoon (May 17, 2011)

DWI Services

- Pre-Trial Evaluations
- 26 Week DWI Program
- 6 Week DWI Program
- Intensive Outpatient

AOC/ADAA State of Maryland approved & Certified
Fully Confidential Alcohol & Drug Abuse Rehabilitation Programs

Patricia Harris, CEO, President
Henry McKinnon, MSW, JD

INSIGHT TREATMENT CENTERS

30 years of service to the community

4920 Niagara Rd, Ste 100 5210 Auth Rd, Ste 300
College Park, MD 20740 Camp Springs, MD 20746

301-423-0967

Offices are Metro Accessible
24 Hour Voice Mail: 202-907-4898

ECONOMIC ANALYSIS / TESTIMONY

THE CENTER FOR FORENSIC ECONOMIC STUDIES

Personal Injury / Wrongful Death
Lost Profits Employment

CHAD L. STALLER, J.D., M.B.A., M.A.C.

JAMES MARKHAM, Ph.D., J.D., CPCU

BERNARD F. LENTZ, Ph.D.

STEPHEN H. ROSEN, Enrolled Actuary



Staller



Markham



Rosen



Lentz

202-530-8808

www.cfes.com cfes@cfes.com

GET HEALTHY TODAY | *Edith Lawson-Jackson*



Eating Healthy On A Budget

Many people think that they can't eat a healthy diet because it's unaffordable. While eating organic can be very expensive, and even eating healthy can cost a little more, it's not entirely impossible to eat a healthy and nutritious diet on a budget. In fact, you can eat an entire day's worth of healthy meals for about what it costs you to eat one fast food meal –or about \$8.00 a day. Sound too good to be true? Well, it's not. But you have to put in a little more effort than just cruising through the drive-thru line at McDonald's. Most of your meals will have to be prepared at home, and you'll have to be sure to actually eat all of the food that you buy (because so much food that we buy goes to waste). However, if you follow these simple guidelines, you'll be able to get in three nutritious meals plus some snacks each day for about eight bucks. Here's how to do it:

Breakfast :

Option 1 – make oatmeal at home. I like Quaker Weight Control Oatmeal because it is low in sugar, high in fiber, and has a good amount of protein. Plus you can have 2 servings for about .75 cent. Add a sliced banana that you purchased from the grocery store and the cost increases by only about .35 cent. Total cost: \$1.10

Option 2 – Egg White/Egg substitute Omelette Muffin with cheese and spinach (or cheese and turkey). Use a whole wheat English muffin (about .35 cent) with four eggs, using egg substitute purchased in quart sized cartons (about .85 cent) with a ¼ cup of reduced fat cheddar cheese (about .40 cent) and either 1 cup of baby spinach or 2 slices of turkey breast meat (about .30 cent). Total cost: \$1.90

Lunch:

Option 1 – 2 Grilled chicken wraps with cheese, salsa, and lettuce. Use

a whole wheat sandwich wrap (about .20 cent) with a whole, large grilled chopped chicken breast (about \$1.50) 1/4 cup of reduced fat cheddar cheese (about .40 cent) with 4 tablespoons of salsa (about .20 cent) and 1/2 cup of shredded lettuce (about .20 cent). Total cost: \$2.50

Option 2 - Mixed Greens Salad with Albacore tuna. Buy a pack of mixed greens at the grocery store and use half for your salad (about .90 cent) . Add one can of albacore tuna (about \$1.30) mixed with 3 tablespoons of fat free or reduced fat salad dressing (about .30 cent). Add to that an apple or pear (about .50 cent). Total cost: \$ 3.00

Dinner:

Option 1 - Whole wheat pasta with turkey and spinach. Purchase a box of Barilla Plus pasta which is high in essential fats and lower in carbohydrates and “bad” fats. You'll have to cook your own pasta (which only takes about 15 minutes). One serving of the pasta will cost you about .50 cent. Add to that 1/3 pound of ground turkey which you cook (about \$1.60) and ½ cup of chunky vegetable style pasta sauce (about .50 cent). Add to this a serving of spinach which you buy frozen (about .40 cent). Total cost: \$2.50

Option 2 - Chicken and white bean (or Garbanzo bean) chili. One grilled large chicken breast (about \$1.50) added to ½ can of white or Garbanzo beans (about .50 cent) with water and 1/3 of a bag of frozen mixed veggies with peppers, carrots, and onions (about . 50 cent). Add ½ can of tomatoes (about .50 cent) and season to taste. Total cost: \$3.00

Snacks:

Strawberry-Banana yogurt smoothies: Blend a cup of low fat Yogurt (I like Dannon Light and Fit – it costs about .80 cents a serving) with ½ cup of frozen strawberries (buy a large bag of frozen strawberries – about .25 cent a serving) and ½ of a banana (about .35 cent). Total cost: \$1.40

Fiber One bar – buy a box of your

favorite flavor and carry to work as snacks. I bar costs about .30 cents

Whole fruit – go for a red pear, a granny smith apple or a large orange. Your total cost will be about .70 cent

Apple sauce - If you buy a large container from the grocery store you can easily package up servings in to-go Tupperware type bowls. One 2-cup serving will cost you only about .40 cent

Fruit smoothies – you can use fresh fruit from your refrigerator, especially if its very ripe or has gone uneaten and is about to spoil OR you can use ½ cup of frozen fruit (try frozen blueberries, strawberries and raspberries). Blend with 1 cup of orange juice, ½ of a banana, ice and 3 packs of Splenda (or 4 tablespoons of honey if you don't like artificial sweetener). This will only set you back by about \$1.10.

Meals like these don't take much time to prepare, are nutritious and extremely affordable. And if you prepare meals such as the pasta in large quantities, you can easily refrigerate or freeze servings for later in the week. The same goes for the fresh fruit. If you don't consume the fruit before it begins to get overly ripe, make good use of these food by making fruit smoothies. It just takes a little time and preparation in the evenings (maximum 20 minutes) or maximum 10 minutes in the morning to prepare breakfast, and you're saving yourself a good deal of money, as well as investing in your good health.

ADVERTISE WITH US!

CALL TODAY!

301-952-1442

NATURALIZATION CEREMONY

MAY 2, 2011





We are fast approaching the end of Fiscal Year 2011 (July 1-June 30). For CLS, the year has been marked by progress and a continued challenge to become more efficient despite the

economic conditions non-profit organizations faced in funding cuts as a result of national economic difficulties. In Fiscal Year 2010, we assisted over 9,160 clients through our various services and we certainly expect that number would be higher this year!

In our next article, we will be ready to report on the number of clients that were served thanks to your work, members of the private bar, and the dedicated work of our personnel at CLS. We will publish the names of all the attorneys who represented our clients, as well as the names of those who provided legal advice at our clinics. We are grateful for your support!

These are some of the highlights of the year: Our **Foreclosure Prevention Pro Bono Project** received the Maryland Bar Foundation's *Professional Legal Excellence Award for the Advancement of the Rights of the Disadvantaged*. The **Taproot Foundation selected CLS to receive pro bono professional services!** Twenty five organizations applied but only seven were selected! We opened our **CLS Clinic in Suitland, Maryland**. This was possible as CLS was selected to receive approximately \$62,000 from a Circuit Court award in Montgomery County, thanks to plaintiff's attorneys **John Beins, Seth Goldberg, and Joe Hennessey** in a class action lawsuit.

Two Foreclosure Success Stories

A woman homeowner in College Park fell behind on mortgage payments in 2009 because of a loss of employment as a public school teacher. She began making partial payments in May 2009. However by December, the lender PNC Bank stopped accepting any payments. This homeowner sought the assistance of a CLS pro bono attorney to navigate through the loss mitigation process. As a result of the attorney's efforts, her

foreclosure case was dismissed and she is no longer in jeopardy of foreclosure.

A Lanham mother struggling to put her son through college fell behind on payments because of a reduction in monthly income. She received a PNC loan modification for her first mortgage, but a second mortgage was acquired by a new lender, Partners for Payment Relief. A foreclosure action was filed on the second loan and she experienced difficulty resolving the problems. She contacted CLS for assistance and a volunteer attorney was assigned to her case. The attorney successfully negotiated the re-payment plan with the second mortgage holder and is no longer in danger of foreclosure.

A Domestic Violence Success Story

This quarter, a client sought our assistance for a domestic violence situation. She reported that her boyfriend was harassing, stalking, and threatening her. One day, he approached her in his car while she was walking with her son and yelled out the window, "I will get you soon! I will kill you one day." She was very frightened and called the police. Since the Respondent had already left, the police told her there was nothing they could do.

She came to our Family Law Clinic in Langley Park for help. Our attorney, **Karin Dalichow**, helped her file a temporary petition for protection. The client then applied to our pro bono program for a volunteer attorney for her final hearing. Ms. Dalichow contacted one of our volunteer attorneys, **Anthony Davis, II**, and he agreed to take this case. Mr. Davis represented her in the court hearing and not only obtained a final protective order for her but also custody of her son, emergency family maintenance and a stay away clause for her boyfriend to not enter her home for one year.

The client was very happy that she received not only protection, but also custody and financial support!

We Have Funding Available to Pay for Attorneys Fees!

CLS continues to refer cases under our Judicare funding project made available by Maryland Legal Services Corporation. Attorneys receive \$80.00 per hour up to \$1,600.00 per case. **The attorney must also take a pro Bono case.** We can not ONLY

give Judicare cases to the attorney. Cases referred involve family law matters including guardianship. We also refer domestic violence cases, except we will reimburse the attorney for a maximum of five (5) hours only. For more information please contact Darielys Pinto at 301-864-4907, ext. 11.

Community Legal Services of Prince George's County, Inc. is a non-profit organization established to provide quality civil legal services to low-income persons in Prince George's County. It does this through the generous contribution of legal advice and legal representation by members of the private Bar. Additionally, CLS operates free legal clinics in the County. They are located in the in Circuit Court House and Langley Park. For more information about our services, please contact Nora C. Eidelman, at 301-864-4907, ext. 12.

- **Transcription Specialist**
- **Call-In Dictation Line 24/7**
- **Experienced Legal Support**

virtual business solutions • experienced legal support



Pamela A. Hunter, President
(410) 635-8500
www.creativeofficeservice.com
Pam@creativeofficeservice.com

**Celebrating 20 Years
of Providing Virtual Legal Support**

MEMBERSHIP MEETING



TUESDAY, SEPTEMBER 27, 2011

6:00 P.M. at Newton White Mansion

\$55.00 per person

HONORED GUESTS:

Judge Thomas P. Smith
Judge Michael A. Chapdelaine

RESERVATION FORM - MEMBERSHIP MEETING

Tuesday, September 27, 2011

Name: _____

Phone: _____

E-mail: _____

Firm/Address: _____

Return form, with check, to: Prince George's County Bar Association, 14330 Old Marlboro Pike, Upper Marlboro, Maryland 20772, Phone: 301-952-1442, Email: gerry@pgcba.com

2011 CALENDAR

JUNE 7, 2011 ANNUAL MEETING – NEWTON WHITE MANSION

AUGUST 13, 2011 BASEBALL TOURNAMENT

SEPT. 27, 2011 MEMBERSHIP MEETING – NEWTON WHITE MANSION



ECONOMIC VALUATIONS

Pushkin & Pushkin, Inc.

Actuaries & Consultants since 1979

- Pension Divorce Valuations
- 401(k) Marital Tracings
- Wrongful Death & Personal Injury Analyses
- Actuarial Valuations
- Expert Testimony
- Loss of Earnings Studies

www.pushkinandpushkin.com

Member of the National Association of Forensic Economics

Pushkin & Pushkin, Inc.
30 E Padonia Rd, Ste 406 • Timonium, MD 21093
Baltimore: 410.561.1945 • Washington: 301.951.9430

JOSEPH, GREENWALD & LAAKE, P.A. 
ATTORNEYS AT LAW

We are pleased to announce that

ELEANOR A. HUNT
ATTORNEY AT LAW

has joined our Family Law group.

6404 Ivy Lane | Suite 400
Greenbelt, MD 20770

Office: 301-220-2200 | Direct: 240-553-1184
E-mail: ehunt@jgllaw.com

www.jgllaw.com



ECONOMIST

- Personal Injury
- Wrongful Termination
- Wrongful Death
- Discrimination

Valuation of Business, Securities and Pension Funds for Divorce and Business Cases
University Professor with Extensive Experience

Dr. Richard B. Edelman
8515 Whittier Boulevard • Bethesda, MD 20817
1-800-257-8626 301-469-9575

References and Vita on request - Visit at:
www.economic-analysis.com

MEDIATION SERVICES

(301) 352-8960

- * Custody/access
- * Parenting Plans
- * General Civil
- * Family

EILENE BROWN
Certified Mediator
Bowie, Maryland 20716
(301) 352-8960
ebrownmediator@gmail.com
Competitive Rates

CLASSIFIED ADS

Classified Advertising Rates Per Month
<u>PGCBA Members:</u>
2 lines (minimum) \$15, 3 lines \$19, 4 lines \$23, each additional line \$4
<u>Non-Members:</u>
2 lines (minimum) \$17, 3 lines \$21, 4 lines \$25, each additional line \$5
Internal Box Responses \$5 add'l.
Post-publication billing; automatic renewal each month until notification of cancellation. Deadline for Submission: 15th of month preceding publication.

CONFERENCE ROOM RENTALS

UPPER MARLBORO: CLOSE TO COURTHOUSE - PGCBA's Conference Room is available for Hourly Rentals - Schedule your next committee meeting, deposition, arbitration, mediation or client/attorney conference by calling (301) 952-1442. **Members: \$15 per hour; Non-Members \$30 per hour.** In addition the Lawyer's Lounge Conference Room is available for **members** to rent at \$15 per hour. Call (301) 952-1442 to schedule.

POSITION - AVAILABLE

ASSOCIATE ATTORNEY - BUSINESS LAW & TAX - JOSEPH, GREENWALD & LAAKE, PA, an AV-rated 30+ attorney law firm with offices in Greenbelt and Rockville, MD, seeks a business law/tax Associate. Three to five years experience preferred, but not required. The position presents a unique opportunity to join a dynamic practice and to quickly assume substantial responsibility. MD Bar required. DC Bar a plus. Competitive salary and benefits package. EOE. Forward cover letter, resume and writing sample to Timothy O'Brien. Fax: (301) 220-1741; email: tobrien@jgllaw.com

THE LAW FIRM OF JOSEPH, GREENWALD & LAAKE, PA is looking to expand its business, tax and transactional practice in Suburban Maryland. The firm, now in its fifth decade of operation,

has experienced steady growth over the last decade from its primary location in Greenbelt, Maryland, and in its new offices in Rockville, Maryland. The Firm is seeking partner-level attorney(s) with practices that provide the full array of transactional services to business clients. Ideal candidates will have annual portable business of \$500K+. This is an attractive opportunity to join a growing, successful law firm that is committed to the development of this practice area. All replies will be strictly confidential. Call or e-mail David Bulitt at (301) 220-2200 or dbulitt@jgllaw.com.

ASSOCIATE ATTORNEY - CRIMINAL DEFENSE AND CIVIL RIGHTS:

Joseph, Greenwald & Laake, PA, an Av-rated, 30+ attorney law firm seeks a highly-motivated and enthusiastic associate for immediate hire in its Greenbelt office. The position uniquely combines defense and civil litigation work with an emphasis on plaintiffs civil rights cases. Experience in at least one of these areas is required. This is a chance to join a dynamic practice and to quickly assume substantial responsibility with one of the area's premier law firms. MD Bar required plus eligibility to waive into DC if not already a member of that bar. Competitive salary and benefits package. EOE. Forward cover letter, resume and writing sample by 6/1/11 to Veronica Nannis (fax: 301-220-1214); vnannis@jgllaw.com

OFFICE SPACE - AVAILABLE

BOWIE-IRRESISTIBLE TERMS- Attractive Office. All amenities. Call Robert Law at (301) 464-3900.

UPPER MARLBORO: Furnished office with parking, library, phone, fax. Walking distance to courthouse. Call Ed O'Connell (301) 627-7700.

LAW OFFICE RELOCATING: Excellent furniture for sale: teak executive desk, library table, leather chairs, oak & teak file cabinets & more. Call Jayson Amster, 301-627-5400.

SILVER SPRING: Furnished office & conference rooms available. Hourly or Short/long term rentals. Waiting area, optional fax, copier and internet service. Near Metro Station and District Court. Call (301) 589-9488 or joshuamoseslaw@gmail.com

GREENBELT/LANHAM: Approx 1000sf of office space for lease or sale. Street level office condo, on Greenbelt Road, near NASA. Plenty of parking, pre-wired for cable and phone. Perfect for small firm, second office or solo. Many possibilities with this space. Reasonable rate and negotiable. Email justin@jdslegal.com or call (301) 385-1099.

LAUREL: 15 X 9 office in a two office suite available immediately. Share conference room, reception, kitchen, internet, Lexis. Street parking \$950/month Email: attorney@aprilurban.com

PREMIUM OFFICE SPACE WITH OPPORTUNITY TO MAKE \$\$ COVERING OVERFLOW CASES Large (12x15) window office in new and impressive four story building. Attractive fully furnished office (desk, executive chair, client chairs) with great amenities including: receptionist, fax and copier, reception area, conference room, kitchenette, ample client parking. Conveniently located off of 495 at exit 16. 10 minutes to Upper Marlboro and Hyattsville courthouses. Opportunity to earn money covering overflow criminal and traffic cases. Only \$700/month all inclusive. Contact Hazel (202) 669-6310.

SERVICES

ECONOMIST: Dr. Richard Edelman. Lost Income Valuation. See Ad on page 14.

ECONOMIC DAMAGES ANALYSIS: Comprehensive reports on damages in injury, death, commercial and employment matters. Call to discuss your case. The Center for Forensic Economic Studies, (202) 530-8808 / cfes@cfes.com / www.cfes.com

Prince George's County Bar Association
PGCBA *NewsJournal*
14330 Old Marlboro Pike
Upper Marlboro, MD 20772

ADDRESS SERVICE REQUESTED

<p>JUNE 7, 2011 ANNUAL MEETING/ ELECTIONS JUDGE TAYLOR HONORED Newton White Mansion 6:00 PM</p>	 <p>SUMMER IS HERE!</p> <p>A colorful illustration featuring a pink apple, a green leaf, and a purple flower, set against a background of swirling patterns in green, yellow, and purple.</p>	<p>JULY 1, 2011-2012 MEMBERSHIP DUES</p>
<p>JULY - AUGUST 2011 NO NEWSJOURNAL</p>	<p>AUGUST 13, 2011 BAR ASSOCIATIONS OF MD 19th ANNUAL BASEBALL TOURNAMENT Watkins Regional Park 9:00 AM</p>	<p>SAVE THE DATE SEPTEMBER 27, 2011 BAR ASSOC. MEETING Honoring Judges Thomas P. Smith & Michael A. Chapdelaine</p>

LAWYER REFERRAL SERVICE REPORT: 04/15/11-05/15/11

NUMBER OF CALLS: 703

NUMBER OF REFERRALS: 430

TOP 5 AREAS OF LAW:

- 1. FAMILY LAW**
- 2. REAL ESTATE**
- 3. TORTS**
- 4. EMPLOYMENT**
- 5. CONSUMER**

